

SPORT



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The
Manchester
College®
be amazing

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5 Reasons to Study

Sport at The Manchester College



Get career ready from day one

Our courses are designed with employability in mind, giving you real-world skills for roles in sport, health and fitness - all linked to Greater Manchester's growing sport sector.



Learn from industry experts

You'll be taught by experienced tutors who bring real sport knowledge into the classroom, helping you understand what employers are looking for right now. Find out more about your tutors on our website: tmc.ac.uk/sport.



Experience sport in action

Through work placements, employer-led projects, and visits to top employers, you'll build practical experience that looks great on your CV.



Discover what inspires you

Start with a solid sport foundation, then specialise in areas that match your goals and interests as you progress - from analysing the impact of physical activity to coaching techniques.



Go beyond the classroom

Take part in enrichment activities, enterprise challenges and networking events that develop your confidence, leadership and problem-solving skills - all key for success in the sport sector.



Job figures

There were approx. **50,782** employees working in the sport sector in Greater Manchester in 2025. This is predicted to increase by **4.4%** by 2028.



Average earnings

The average wage in Greater Manchester is **£29,002** per annum (2024).



Replacement demand

Around **9,141** of the current workforce will be reaching retirement in the next 10 years, meaning those jobs will need replacing.

Types of jobs
Fitness Instructor
Health Trainer
Leisure Centre Manager
Outdoors Activities Instructor
PE Teacher
Performance Sports Scientist
Personal Trainer
Sports and Exercise Psychologist
Sports Commentator
Sports Physiotherapist

Skills needed
Communication
Due diligence
English language
Leadership
Management
Mental health
Physical therapy
Psychology
Science education
Teaching

Examples of GM Employers
David Lloyd
Fitness First
JD Gyms
Manchester City
Manchester United
NHS
Nuffield Health
Prospero Teaching
Puregym
The Gym Group

Data sourced from Lightcast April 2025.

Careers information



FIND OUT MORE HERE

Where to find us

With excellent transport links, modern classrooms, and vibrant social spaces, you can study Sport courses at our Openshaw Campus close to the Etihad Stadium!



Openshaw

- Fitness and performance testing lab with Douglas bags, Cortex Metalyzers, and other specialist equipment
- Full-size, floodlit FIFA-approved 3G pitch with changing and officials' rooms
- Fully equipped fitness suite with treadmills, rowers, bikes, free weights and squat racks
- 30-station gym and strength and conditioning room
- Bookable sports hall and 3G pitch with spectator seating
- Dedicated coffee bar serving Starbucks
- Street food-style lunch options.



GET DIRECTIONS



Get career ready with us

We're here to help you achieve your goals and get career-ready. Our courses are designed with top employers to focus on in-demand skills.

From day one, you'll gain hands-on experience to build confidence. By the end, you'll have the qualifications, knowledge, and experience to stand out and take the next step in your career.



Building your employability

To get you career-ready, you'll take part in activities that boost your skills and understanding of the world of work. You'll be supported by a dedicated Employability Co-ordinator who will support you to develop the knowledge, skills and behaviours you'll need to thrive in the workplace.

Real-world experience that counts

As part of your course, you'll complete work experience with an employer. We'll help you find a placement where you can:

- **Shadow professionals** and see how the job is done day-to-day
- **Contribute to real projects** that develop your skills and strengthen your CV
- **Grow in confidence** as you put learning into action.

Many of our students make such a strong impression that they even secure part-time or full-time jobs with their placement provider!

We work with leading employers to deliver our placements, including:



Discover where sport can take you

We'll introduce you to a wide range of career options in the sport sector through:

- Masterclasses with top sports professionals offering insider career advice
- Trips to major sports clubs and venues across the UK
- Join college teams or take part in sports like volleyball, rugby and rowing.



This will help you decide which path to take after your course — whether that's progressing to degree-level study with our higher education partner UCEN Manchester, starting an apprenticeship, going straight into employment, or pursuing a specialism in coaching, fitness, physiotherapy and more.



Courses

We offer qualifications from Level 1 to Level 3. If you haven't already obtained a Grade 4 GCSE in English or maths, you'll study to work towards achieving this qualification.



Personal Training and Sport Science

Level 3 | Openshaw | 2 years

Are you passionate about fitness and human performance? Our Level 3 Diploma in Personal Training and Sport Science prepares you for a career in the health and fitness industry or progression to university. You'll gain advanced knowledge in anatomy, nutrition, and exercise science, alongside industry experience with partners like PureGym and ManFit. With qualifications that include the Active IQ Diploma and NCFE Certificate, plus First Aid, you'll finish your course ready to work as a Personal Trainer or continue your studies.

Sport and Exercise Science

Level 3 | Openshaw | 2 years

Our Level 3 Sport and Exercise Science course offers a comprehensive blend of theory, practical experience, and industry insight. You'll explore topics like anatomy and physiology, sport psychology, fitness testing, strength and conditioning, and more. Through lab work, sports sessions, and team projects, you'll build key skills in analysis, leadership, and communication. With access to state-of-the-art facilities and work experience opportunities, this course prepares you for university or a successful career in the sports industry.

Sport and Physical Activity

Level 3 | Openshaw | 1 year

Our Level 3 course offers a strong foundation for a career in the sport and physical activity sector. You'll explore coaching, fitness, health and lifestyle, nutrition, and how the body works, while developing key skills through varied practical sessions. You'll also gain experience leading activities and events and learn how to work with different populations — all helping you prepare for further study or employment in the industry.

Sport

Level 2 | Openshaw | 1 year

Our Level 2 Sport course offers a hands-on introduction to the sports and leisure industry. You'll explore how the body works, the importance of exercise, sports nutrition, and what makes a great athlete. With plenty of practical sessions and opportunities to lead events, you'll gain the skills and knowledge to progress to further study or start your journey towards a career in sport.

Sports Coaching and School Sport

Level 2 | Openshaw | 1 year

If you're passionate about coaching and want to work with young people in schools or the community, this Level 2 in Sports Coaching and School Sport is a great place to start. You'll develop the knowledge and practical skills to plan and deliver safe, ethical and effective sessions, while gaining hands-on experience in local primary schools. Taught by expert staff with industry links, this course will help you build the confidence and competence needed for a successful career in coaching.

Sport and Active Leisure

Level 1 | Openshaw | 1 year

Our Level 1 Sport course is the perfect starting point to explore the sports and active leisure industry. You'll build essential knowledge and skills through practical sessions, including playing and leading games, and learn how to safely organise sporting events. Taught by expert staff and supported by guest speakers, you'll also gain insight into career paths and visit professional sports clubs to deepen your understanding of the sector.



*Studying Sport
gave me the academic
foundation for a
U.S. scholarship and
supported my time
with the GB
Basketball team.*



Joe

Level 3 Sport and Exercise Science

Courses for Adults

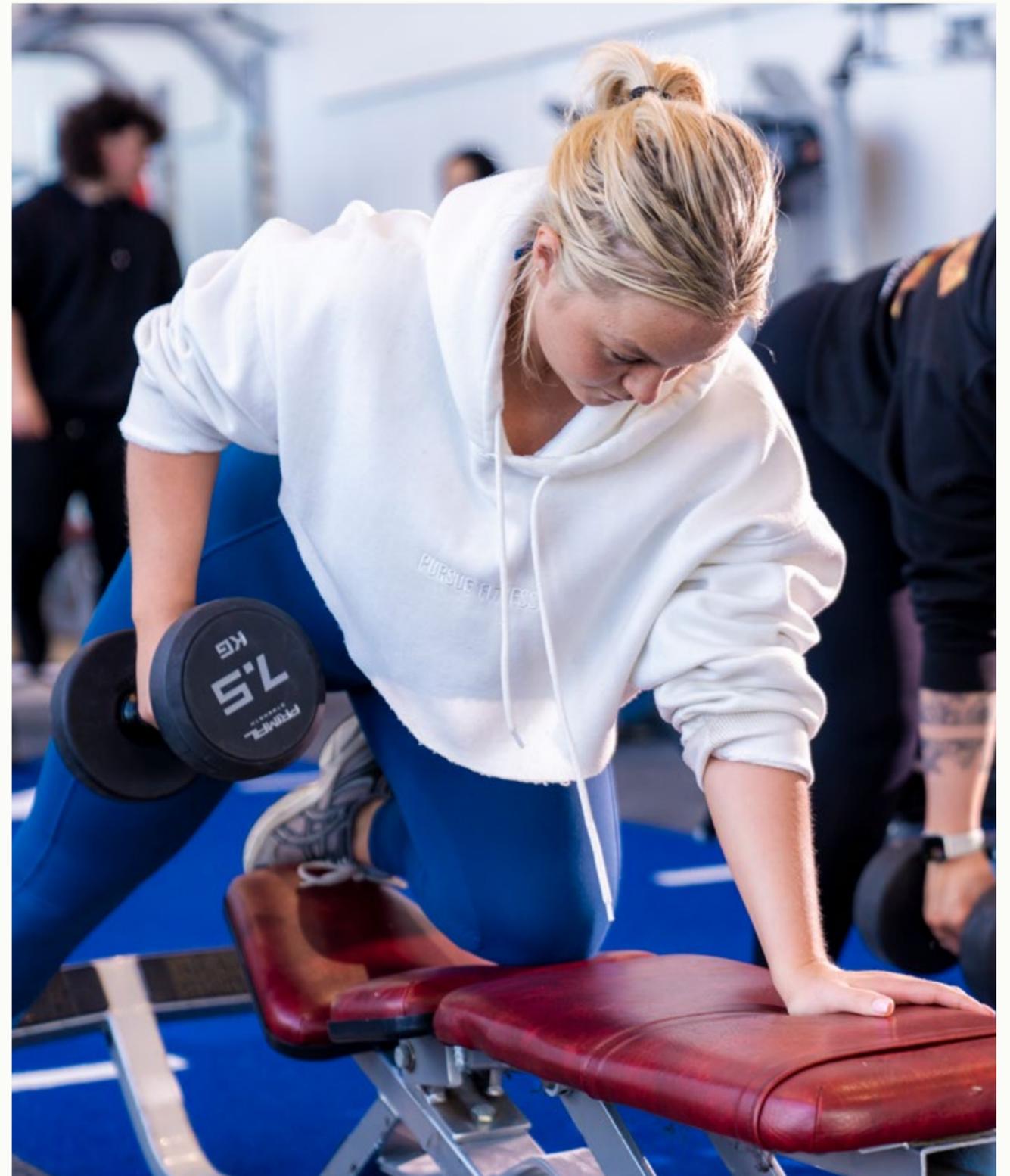
Are you aged over 19 and looking to upskill, retrain or progress your skills in sport? We've got a wide range of courses for you to help strengthen your CV, start a new career or go further in your current role.

We believe finances shouldn't be a barrier to your success, so if you have any questions about course fees, finance or funding, then get in touch with us.

Gym Instructing and Personal Training

Level 3 | Openshaw | 26 weeks

This course is designed for those with existing gym instruction experience who want to progress into personal training. You'll gain in-depth knowledge of anatomy, physiology, nutrition, and behaviour change, while learning how to design and deliver tailored training programmes. If you haven't yet achieved a Level 2 Fitness Instructing qualification, you'll also cover core topics like supporting clients, health and safety, and the principles of exercise and fitness to ensure you're fully prepared for a career in personal training.



careers&welfare@tmc.ac.uk



tmc.ac.uk/funding



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Sports teams

Enrolling into our Sport department isn't just about discovering more about the sport you love and working towards a bright career.

If you're 16-18, you'll also get the chance to represent The Manchester College at local, regional and maybe even national level! By joining one of our college sports teams, you'll develop a range of skills in a fun and welcoming environment.

Our highly qualified and experienced coaches can help you to fulfil your ambitions on the pitch or the court. You'll also be able to put what you've learnt in the classroom into practice.



Men's Football Team

Our football team competes in the AoC National Championship League. We were crowned champions in 2023/24 after winning the Men's Regional League 1. Trials are open to students aged 16-18, and run from enrolment until early September.

If you're successful, you'll train three times a week on our full size 3G pitch at our Openshaw campus. Matches are played on Wednesdays.

Women's Football Team

Our football team currently plays in the AoC League. Trials are open to students aged 16-18, and run from enrolment until early September.

Training will be on a Monday evening 4:30pm - 6:30pm on our full size 3G pitch at our Openshaw campus. Matches are played on Wednesdays.

Men's Basketball Team

Our basketball team competes against colleges from across the region in the AoC North West Basketball League. It's open to students aged 16-18, and trials take place from enrolment until early September. If you're successful, you'll train two times a week with games taking place on Wednesdays.

Women's Netball Team

Our netball team competes against colleges from across the region in the AoC North West Netball League. It's open to students aged 16-18, and trials take place from enrolment until early September. If you're successful, you'll train twice a week with games taking place on Wednesdays.

For more information please contact:

Ambokile Bell - Bella@tmc.ac.uk - *Basketball*

Justine Stevenson - JStevenson@tmc.ac.uk - *Women's Football and Netball*

Jake Richardson - JRichardson@tmc.ac.uk - *Men's Football*

SUPPORTED LEARNING

Promoting independence through accessibility and inclusion.

Have you received learning support in the past? Do you have an Education, Health and Care Plan or an identified Special Educational Needs or Disabilities (SEND) need? Our Supported Learning team can help students with SEND to achieve their aspirational career goals.

We provide a highly personalised offer for students to create a supportive learning environment for all. Whatever course you choose to study, our provision is specifically designed to support you on your journey to independence and into further education or employment.

Find out more about how we can help you:
tmc.ac.uk/supported-learning



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Additional Learning Support Team: specialistsupport@tmc.ac.uk

Transition Team: transitionteam@tmc.ac.uk

DEGREE LEVEL

Once you've completed one of our Level 3 Diplomas, you may want to progress onto a degree-level qualifications through our higher education partner – UCEN Manchester.

BACHELORS DEGREE (BSC)

- **BSc in Football Industry**
- **BSc Sport And Exercise Science**

TOP UP DEGREE BSC (HONS)

This one year qualification allows you to obtain an Honours degree from a Foundation degree or equivalent.

- **Applied Sport and Exercise Science**

For more information or to apply
visit ucenmanchester.ac.uk



The reason I chose UCEN Manchester is because of being a student at The Manchester College Openshaw Campus last year, I already knew the place inside and out.

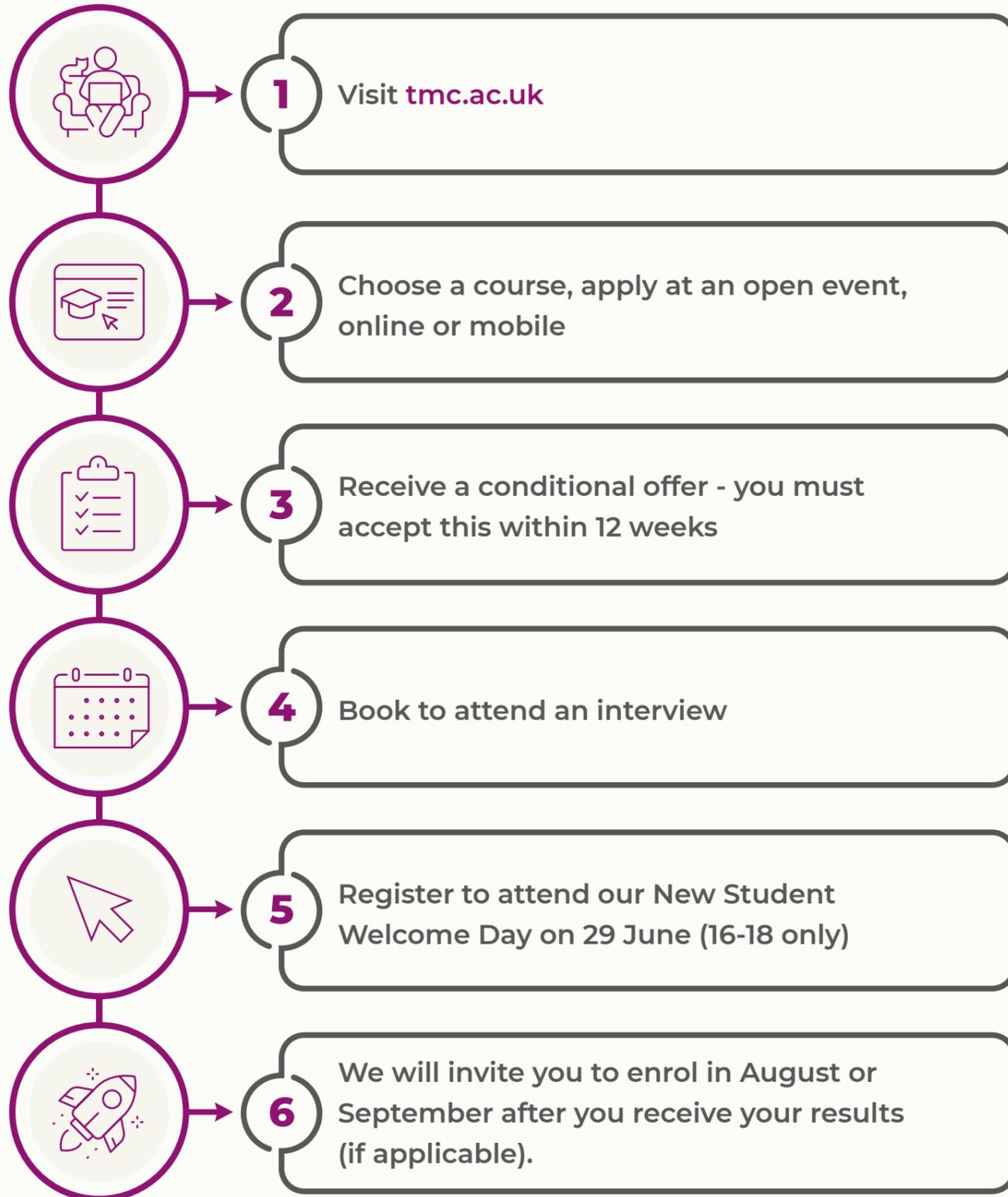
Working with the tutors feels amazing, because I've got to know them on a personal level, and the facilities here are some of the best I've ever seen. I would definitely recommend UCEN Manchester.

*Adam Edwards,
Sports Coaching Foundation Degree Student*



How to apply

Applying to study at The Manchester College is really easy. Just follow these steps and you'll be on your journey to amazing in no time.



What's next?

You've explored what's possible, now it's time to take your next steps.

To discover more about Sport, and to start your application, scan the QR code or visit: tmc.ac.uk/sport.



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Visit us

There's no better way to get a feel for college than visiting in person.

Join us at one of our open events to:

- Learn more about our courses
- Tour our industry-standard facilities
- Meet our expert tutors
- Ask any questions you may have.

Secure your place now: tmc.ac.uk/events

 Keep up to date with us on social media

 [The Manchester College](https://www.facebook.com/TheManchesterCollege)

 [@TheMcrCollege](https://www.instagram.com/TheMcrCollege)

 [@TheMcrCollege](https://twitter.com/TheMcrCollege)

 [@TheMcrCollege](https://www.tiktok.com/@TheMcrCollege)

Contact Us

Got a question about one of our courses, about The Manchester College or just need to get in touch? Contact us:

 enquiries@tmc.ac.uk

 03333 222 444



All course information is correct at the time of publication and may be subject to change. For the latest details, please visit tmc.ac.uk.



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The Manchester College is committed to equality of opportunity, non-discriminatory practices and supporting individual learners. This information is also available in a range of formats, such as large print, on request.