



HAIRDRESSING & BEAUTY THERAPY

PRE-ENROLMENT RESOURCE PACK











Hairdressing and Beauty Therapy/Media Make-up Activity Pack



If you haven't yet applied and are still considering your applications, check out our courses in hair, beauty, media and nails industry here https://www.tmc.ac.uk/coursefinder



BEPREPARED

Welcome to the Hair and Beauty department,

In normal times we would invite you in to do some taster activities but has that cannot happen at the moment we would really like you to have a go at the activities in this pack and do some research on the websites listed. This will give you an insight into this exciting industry that you will be starting in September.

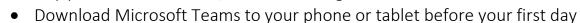
Stay safe and we looking forward to meeting you soon.

Preparation tasks:

Before you come to college:

- Like the college and centre Facebook, Instagram and twitter pages
- Ensure you have pens, paper and other stationary







@TheMcrCollege



@MediateamTMC
@schoolliasontmc @themcrcollege



The Manchester College
North Manchester Hbt Harpurhey



Create An Image Based on a Theme

Tasks to complete:

- Research and Produce a mood Board based on the following: a *Fantasy Look*, *Historical Icon*, or a *Special Occasion*.
- Consider the purpose of your mood board including how concepts and ideas are developed.
- Include descriptions of the hair, make up and nails skills you need to create the look. You will also need to take into consideration how to prepare the skin and what products work best on what skin types.



Use the internet during summer to research the latest looks, trends, development in Hair and Beauty. The next page has some websites, TV shows and a book list which will help you.



Websites to check out:



www.professionalbeauty.co.uk

www.nsinails.co.uk

www.eve-taylor.com

www.worldskillsuk.org

www.hji.co.uk

www.makeupmag.com

www.IMATS.net

TV shows to get inspiration from:

Glow Up Angels of the North Extreme Hair Wars Hair The Salon



Reading list:



Level 1 Introduction to hair and beauty sector

Level 2 Technical beauty therapy book

Level 3 Advanced Technical Diploma in Beauty and Spa Therapy

Beauty Therapy dictionary by Susan Cressy

Professional Beauty and Professional nails magazines



My Career Plan – September 2020

In this plan you will identify your future career objectives, this will help you plan and achieve your career goals.

What are is your future	
career goal?	
Where do you want to	
work? e.g salon, self	
employed , cruise ship, theatre, TV/Film	
theatre, TV/Timi	
What steps do you	
think you need to take	
to achieve your career	
goal? e.g work experience,	
qualifications	
qualifications	



Work Experience Activity

As part of your study programme you will be required to undertake work experience. We will support you with this to ensure you have a positive experience. Please complete the task below as this will help us match you with your perfect salon placement.

What areas of Manchester can you travel to?		
Have you already completed some		
work experience in a salon? or are you currently in a salon?		
Research 3 salons in your area that you could travel to for work experience.		
	-	



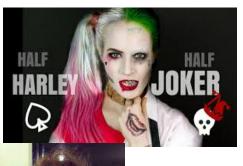


















On this page we would like you to self-assess (tell us what you can do and rate yourself)

In the box 'rate yourself' there is a scale and I would like you to circle where you think you are on that scale for that skill, 1 being you cannot do it or never tried to do it, 5 being you are a super start and so on.

In the last column you can insert a picture of your work, or you can use the link to watch a YouTube video on that skill.

Skill		Rate v	yours			Insert your image and YouTube links
Fishtail Www.EveredayHattin-piration.com	1	2	3	4	5	https://youtu.be/upgtN6R1HbE
French Fishtail	1	2	3	4	5	https://youtu.be/Wz vGN36yvU



						be amazing
Dutch Braid	1	2	3	4	5	https://youtu.be/fulsEOrzBfU
Three strand plait	1	2	3	4	5	https://youtu.be/QMW0bwYzaAM
Shampoo and condition the hair	1	2	3	4	5	



					be amazing
Section the hair into 4					Why don't you have a go?
	1	2	3	4	Place your image here:
Blow dry the hair straight					Why don't you have a go?
	1	2	3	4	Place your image here:



SAFETY AT WORK WORD SEARCH

Р	D	R	Α	В	U	F	Y	S	K	Z	S	D	Т	F
Т	F	L	U	С	D	J	K	С	Т	С	Р	R	R	O
Р	Е	R	M		S	Н	X	X	Т	R	O	G		Н
L	N	M	Т	N	Е	D		С	С	Α	Е	Н	Р	Α
D	Α	G	Р	Α	L	Т	Τ	Н	G	Υ	D	S	S	Ζ
V	Α	С	L	Е	U	N	Е	U	Y	0	Α	С	S	Α
Z	L	Т		U	R	M	R	Т	R	Т	Ν	S	Y	R
F	Н	V	Н	D		Α	Е	Р	S	Т	G	G	Ν	D
O	Н	В	R	С	Е	F	Т	U	V	Q	Е	Ν	M	U
С		Α	Α	K	K	M	D	U	K	K	R	I	Н	
R	U	L	Y	S		N	J	U	R	Υ	0	Ν	K	Α
G	S	Т	Е	M	L	Е	Τ	E	K	Е	U	R	S	G
D		R	Т	L	L	Α	F	Y	R	W	S	Α		Α
J	D	O	Q	J	N	О		S	Е	I	N	W	R	S
K	Н	С	L	T	0	V	В	Р	W	K	F	Z	G	Α

ACCIDENT	GAS	RISK
BURN	GUARD	RULES
CHEMICALS	HAZARD	SAFETY
CUT	HEALTH	SHOCK
DANGEROUS	HELMET	STRESS
DIRT	HURT	TEMPERATURE
DUST	INJURY	TRIP
FALL	MEDICAL	WARNING
FIRE	NOISE	