



# CHILDHOOD STUDIES PRE-ENROLMENT RESOURCE PACK











# **Childhood Studies**

# Activity Pack for schools #InThisTogether

#### Yr 11

The tasks in this activity pack are designed to support your transition from school to college if you are planning on following a career within Childcare. You should attempt to have a go at each of the activities in this pack, building a portfolio which demonstrates your skills and knowledge. You can bring this portfolio along with you during your first weeks here with us at The Manchester College.

#### Yr 10

If you would like to have a go at any of the activities in this pack, it's a great opportunity to start building a portfolio which demonstrates your skills and knowledge for college. This would be useful for you to bring along with you to any of your interviews or applicant evenings next year.

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If you haven't yet applied and are still considering your applications, check out our courses in Childcare here https://www.tmc.ac.uk/course-

<u>finder?keywords=childcare&subject\_area=All&qualification=All&segment=277&location=All&=Searc\_h+our+courses&sort\_by=title&sort\_order=ASC\_numbers\_area=All&qualification=All&segment=277&location=All&=Searc\_numbers\_area=All&qualification=All&segment=277&location=All&=Searc\_numbers\_area=All&qualification=All&segment=277&location=All&=Searc\_numbers\_area=All&qualification=All&segment=277&location=All&=Searc\_numbers\_area=All&qualification=All&segment=277&location=All&=Searc\_numbers\_area=All&qualification=All&segment=277&location=All&=Searc\_numbers\_area=All&qualification=All&segment=277&location=A</u>



# **Reading List**

Cache Level 1: Caring for Children – Corinne Barker & Emma Ward Cache Level 2: Diploma for the Early Years Practitioner – Penny Tassoni & Louise Burnham Cache Level 3: Childcare & Education. Early Years Educator - Carolyn Meggitt & Tina Bruce

#### Websites

https://www.nhs.uk/live-well/eat-well/the-eatwell-guide/ Pinterest CBeebies

# **Watch List**

Watch childcare clips on You Tube such as this one: https://www.youtube.com/watch?v=HS9Ec4 PcU0&feature=youtu.be

#### **Social Media to check out**

Facebook The Manchester College

**Twitter** @TheMcrCollege @SchoolsTeamTMC

Instagram @themcrcollege @schoolsliaisontmc



# **Activity 1 – All About Careers**

If you are thinking about a career within childcare, there are so many hidden opportunities that you may not realise you can do with your qualification. Spend some time researching these different careers. Try to include information about the different role and responsibilities, skills required, salary, progression opportunities and qualifications required. Include this work in your portfolio.

Career	Information
Nursery Practitioner	
T I - : A : - 4 4	
Teaching Assistant	
Primary School Teacher	
,	
Nursery Manager	
Residential Care Worker	
Residential Care Worker	
Special Educational	
Special Educational Needs Co-ordinator	
Youth Worker	



# **Activity 2 – Book Reviews**

We all know how a lot of children love to get lost in books, and reading a book to your class or group or even during a 1:1 encourages a child's **cognitive development**, **improves language skills and academic performance**, **and aids in emotional attachment**. Choose your favourite 3 children's books and complete a short review on each of them. Use this template to help you to structure your review

Title of book:
Author:
What is the book about?
What is good about this book/Why did you choose it?
How could you use this book in a lesson?

If you want to get creative, use your artistic skills to draw the front cover of the book on your book review. Adding colour, imagery and a creative flair are all important skills in this industry to stimulate and engage children. Add your reviews to your portfolio.



# Activity 3 – Room to grow

Childhood development is considered in five areas that have different milestones for each developmental stage. A common framework that educators follow is called PILES which is an acronym for the domains. The acronym PILES stands for – physical, intellectual, language, emotional, and social. These categories each represent a series of broad skills that children learn as they grow. By following the PILES model, childcare practitioners can monitor how each child is developing and can support their development with daily activities that target specific skills, that aid in a child's overall development.

Research the 5 different areas of child development. Can you think of some examples of how these different areas can be developed?

Physical	
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Intellectual	
monocidai	
Longuego	
Language	
Emotional	
Social	
Coolai	



# **Activity 4 - Musical Madness**

Singing and music play an important role in our culture. You'll find music present in many aspects of our lives: theater, television, movies, worship, holidays and celebrations. Music becomes part of our family cultures - a natural part of our everyday experiences. From birth, parents instinctively use music to calm and soothe children, to express love and joy, and to engage and interact. You can build on these natural instincts by learning how music can impact child development, improve social skills, and benefit children of all ages

**Task 1:** Research some songs that you could use to support children when learning. Think about the following categories.

Category	Song + Link to song
Counting	
Letters	
Shapes	
Colours	

**Task 2:** Make a musical instrument using junk materials that you find around your home – think toilet roll tubes, butter cartons, carton lids, egg boxes. Be creative and use your imagination. Remember, this is what we expect of children and can demonstrate their growth and development. **Check this link out for some ideas.** 

https://artsycraftsymom.com/diy-musical-instruments-for-kids-to-make-and-play/







# Activity 5 – First Aid

During your childhood studies programme, you may have the opportunity to become First Aid qualified. This is an essential qualification when working with children

The following video demonstrates how to administer First Aid when a baby is choking.

# https://youtu.be/oswDpwzbAV8

Watch the video above. Look at the images below. Place them in order and put together a storyboard, with a written commentary of steps on what to do when a baby is choking. Look carefully, some of the images look very similar.











#### **Activity 6: Lesson Planning**

Children learn by experimenting, observing and imaginative and creative play. Your task is to plan a science activity for a 4-year-old. Remember your research around PILES. Use this website to give you some inspiration <a href="https://gosciencegirls.com/3-4years/">https://gosciencegirls.com/3-4years/</a>

You could use the following objectives, or you might want to think of your own.

- Eating Healthy
- How things grow
- Living and Not Living
- Floating or Sinking
- Empty or Full
- My body
- Mixing colours
- Our five senses
- What's that noise?

# Points to think about

- What is the objective of your activity?
- What resources will you need?
- Will this be a class activity or a small group activity?
- How long will your activity be?
- How will you know the children have learned something?
- How can you evidence this learning?

**Remember** – Imagine that you are designing this lesson for someone else to complete with your class. Make sure it is clear, and easy to understand and follow.