



CONNECT2COLLEGE

HAIRDRESSING & BEAUTY THERAPY

PRE-ENROLMENT RESOURCE PACK



Hairdressing and Beauty Therapy/Media Make-up

Activity Pack



If you haven't yet applied and are still considering your applications, check out our courses in hair, beauty, media and nails industry here

<https://www.tmc.ac.uk/coursefinder>

Welcome to the Hair and Beauty department,

In normal times we would invite you in to do some taster activities but as that cannot happen at the moment we would really like you to have a go at the activities in this pack and do some research on the websites listed. This will give you an insight into this exciting industry that you will be starting in September.

Stay safe and we are looking forward to meeting you soon.

Preparation tasks:

Before you come to college:

- Like the college and centre Facebook, Instagram and twitter pages
- Ensure you have pens, paper and other stationary
- Buy your kit and uniform, details will be given out at enrolment
- Download Microsoft Teams to your phone or tablet before your first day



@TheMcrCollege



@MediateamTMC
@schooliasontmc @themcrcollege



The Manchester College
North Manchester Hbt Harpurhey




Create An Image Based on a Theme

Tasks to complete:

- Research and Produce a mood Board based on the following: a *Fantasy Look*, *Historical Icon*, or a *Special Occasion*.
- Consider the purpose of your mood board including how concepts and ideas are developed.
- Include descriptions of the hair, make up and nails skills you need to create the look. You will also need to take into consideration how to prepare the skin and what products work best on what skin types.



Use the internet during summer to research the latest looks, trends, development in Hair and Beauty. The next page has some websites, TV shows and a book list which will help you.

Websites to check out:	
	<p>www.professionalbeauty.co.uk</p> <p>www.nsinails.co.uk</p> <p>www.eve-taylor.com</p> <p>www.worldskillsuk.org</p> <p>www.hji.co.uk</p> <p>www.makeupmag.com</p> <p>www.IMATS.net</p>
TV shows to get inspiration from:	
<p><i>Glow Up</i> <i>Angels of the North</i> <i>Extreme Hair Wars</i> <i>Hair</i> <i>The Salon</i></p>	
Reading list:	
	<p>Level 1 Introduction to hair and beauty sector</p> <p>Level 2 Technical beauty therapy book</p> <p>Level 3 Advanced Technical Diploma in Beauty and Spa Therapy</p> <p>Beauty Therapy dictionary by Susan Cressy</p> <p>Professional Beauty and Professional nails magazines</p>

My Career Plan – September 2020

In this plan you will identify your future career objectives, this will help you plan and achieve your career goals.

What are is your future career goal?

Where do you want to work? e.g salon, self employed , cruise ship, theatre, TV/Film

What steps do you think you need to take to achieve your career goal? e.g work experience, qualifications

Work Experience Activity

As part of your study programme you will be required to undertake work experience. We will support you with this to ensure you have a positive experience. Please complete the task below as this will help us match you with your perfect salon placement.

What areas of Manchester can you travel to?

Have you already completed some work experience in a salon? or are you currently in a salon?



Research 3 salons in your area that you could travel to for work experience.






On this page we would like you to self-assess (tell us what you can do and rate yourself)

In the box 'rate yourself' there is a scale and I would like you to circle where you think you are on that scale for that skill, 1 being you cannot do it or never tried to do it, 5 being you are a super start and so on.

In the last column you can insert a picture of your work, or you can use the link to watch a YouTube video on that skill.

Skill	Rate yourself & comment	Insert your image and YouTube links
<p style="text-align: center;">Fishtail</p> 	<p style="text-align: center;">1 2 3 4 5</p>	<p style="text-align: center;">https://youtu.be/upgtN6R1HbE</p>
<p style="text-align: center;">French Fishtail</p> 	<p style="text-align: center;">1 2 3 4 5</p>	<p style="text-align: center;">https://youtu.be/Wz_vGN36yvU</p>

<p style="text-align: center;">Dutch Braid</p> 	<p style="text-align: center;">1 2 3 4 5</p>	<p>https://youtu.be/fulsEOrzBfU</p>
<p style="text-align: center;">Three strand plait</p> 	<p style="text-align: center;">1 2 3 4 5</p>	<p>https://youtu.be/QMW0bwYzaAM</p>
<p>Shampoo and condition the hair</p> 	<p style="text-align: center;">1 2 3 4 5</p>	

Section the hair into 4



1 2 3 4 5

Why don't you have a go?

Place your image here:

Blow dry the hair straight



1 2 3 4 5

Why don't you have a go?

Place your image here:

SAFETY AT WORK WORD SEARCH

P	D	R	A	B	U	F	Y	S	K	Z	S	D	T	F
T	F	L	U	C	D	J	K	C	T	C	P	R	R	O
P	E	R	M	I	S	H	X	X	T	R	O	G	I	H
L	N	M	T	N	E	D	I	C	C	A	E	H	P	A
D	A	G	P	A	L	T	H	H	G	Y	D	S	S	Z
V	A	C	L	E	U	N	E	U	Y	O	A	C	S	A
Z	L	T	I	U	R	M	R	T	R	T	N	S	Y	R
F	H	V	H	D	I	A	E	P	S	T	G	G	N	D
O	H	B	R	C	E	F	T	U	V	Q	E	N	M	U
C	I	A	A	K	K	M	D	U	K	K	R	I	H	I
R	U	L	Y	S	I	N	J	U	R	Y	O	N	K	A
G	S	T	E	M	L	E	H	E	K	E	U	R	S	G
D	I	R	T	L	L	A	F	Y	R	W	S	A	I	A
J	D	O	Q	J	N	O	I	S	E	I	N	W	R	S
K	H	C	L	T	O	V	B	P	W	K	F	Z	G	A

ACCIDENT	GAS	RISK
BURN	GUARD	RULES
CHEMICALS	HAZARD	SAFETY
CUT	HEALTH	SHOCK
DANGEROUS	HELMET	STRESS
DIRT	HURT	TEMPERATURE
DUST	INJURY	TRIP
FALL	MEDICAL	WARNING
FIRE	NOISE	