

Adult Student Support and Wellbeing Framework

The Manchester College



1 PURPOSE OF THE SERVICE

The Adult Student Support and Wellbeing Service at The Manchester College is designed to help adult students overcome barriers to education, enhance their wellbeing, and develop the confidence, resilience and independence needed to succeed in their studies.

ACCESS & REFERRAL

Referrals to the service are made directly by students using the QR code. Any enquires can also be sent to: adult.student.support@tmc.ac.uk

Students can also access an online Student Assist Programme where they can access confidential support, including counselling, advice, and resources to help manage personal, academic, and wellbeing challenges.



INITIAL CONTACT & ASSESSMENT

- Appointment conducted
- Support Practitioner completes a structured assessment covering:
 - Wellbeing and emotional health
 - Social and financial factors
 - Safety and safeguarding indicators.
 - Goals and support outcomes
- Action plans created collaboratively with the student.

MULTI-AGENCY COLLABORATION

Work closely with internal teams such as CAWS, Safeguarding, Achievement Tutors, and a Student Assist Programme. Refer to local services including housing support, employment services, and wellbeing organisations.



MONITORING & REVIEW

Review of action plans and progress with students. Adjust interventions where needed. Provide ongoing encouragement, motivation, and crisis support if required.

OUTCOMES & TRANSITION

- Positive outcomes may include:
- Increased engagement with studies
 - Improved wellbeing, confidence & resilience
 - Referral to specialist services
 - Stabilisation of personal circumstances.